



## UNC CFAR Social and Behavioral Science Research Core SABI Database

INSTRUMENT TITLE: Alcohol Dependence Scale (ADS)

SOURCE ARTICLE: Skinner, H.A., Allen, B.A. (1982). Alcohol Dependence Syndrome: Measurement and Validation. *Journal of Abnormal Psychology*, 91(3), 199-209.

RESPONSE OPTIONS: Question 1: Enough to get high or less, Enough to get drunk, Enough to pass out Questions 2, 9, 15, 18, 24, 25: YES or NO, Questions 3 and 6: No, Sometimes, Often Questions 4 and 12: No, Sometimes, Almost every time I drink Question 5: No, Sometimes, Several times Questions 7, 8, 23: No, Once, Several times Question 10: No, never; Sometimes; Often; Almost every time I drink Question 11: No, Some of the time, Most of the time **Question 13:** No, Once, More than Once Questions 14, 17, 19, 21: No, Yes, Several times Question 16: No; Yes, but only for a few hours; Yes, for one or two days; Yes, for many days Question 20: No, Once or twice, Often Question 22: Have never had a blackout, Have had blackouts that last less than an hour, Have had blackouts that last for several hours, Have had blackouts that last a day or more

### SURVEY ITEMS:

1. How much did you drink the last time you drank?
2. Do you often have hangovers on Sunday or Monday mornings?
3. Have you had the "shakes" when sobering up (hands tremble, shake inside)?
4. Do you get physically sick (e.g., vomit, stomach cramps) as a result of drinking?
5. Have you had the "DTs" (delirium tremens) - that is, seen, felt or heard things not really there; felt very anxious, restless, and over excited?
6. When you drink, do you stumble about, stagger, and weave?
7. As a result of drinking, have you felt overly hot and sweaty (feverish)?
8. As a result of drinking, have you seen things that were not really there?

### TERMS OF USE:

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9. Do you panic because you fear you may not have a drink when you need it?
10. Have you had blackouts ("loss of memory" without passing out) as a result of drinking?
11. Do you carry a bottle with you or keep one close at hand?
12. After a period of abstinence (not drinking), do you end up drinking heavily again?
13. In the past 12 months, have you passed out as a result of drinking?
14. Have you had a convulsion (fit) following a period of drinking?
15. Do you drink throughout the day?
16. After drinking heavily, has your thinking been fuzzy or unclear?
17. As a result of drinking, have you felt your heart beating rapidly?
18. Do you almost constantly think about drinking and alcohol?
19. As a result of drinking, have you heard "things" that were not really there?
20. Have you had weird and frightening sensations when drinking?
21. As a result of drinking have you "felt things" crawling on you that were not really there (e.g., bugs, spiders)?
22. With respect to blackouts (loss of memory):
23. Have you tried to cut down on your drinking and failed?
24. Do you gulp drinks (drink quickly?)
25. After taking one or two drinks, can you usually stop?

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